



# The Tunnel

1100 Louisiana tunnel, Houston TX 713-752-2601  
Monday-Friday Lunch, 11:00am to 2:00pm

We accept **phone orders** for individual lunches for groups of five or more and bulk orders from our Take-Out menu

## MENU

Prices good as of 04/2017. Subject to change without notice.

### Salads & Sides

Green Garden Salad or Spinach Salad small \$2.75/large \$4.95 Fresh Fruit Cup \$2.95 Boiled Shrimp Salad \$8.95	Green Garden Salad w/Chicken \$8.50 Chicken Salad w/Fruit \$9.25 Pear, Walnut & Bleu Cheese Salad \$8.75 w/Chicken \$12.25 Salmon Salad \$14.95	Jalapeno Cornbread \$1.50 Side Dishes small \$2.25- \$2.95 large \$4.50- \$5.50
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### Trio Plate

Choice of 3 side dishes \$6.95

### SOUPS & SPECIALTIES

Red Beans & Rice with Link Sausage small \$3.25/large \$5.75	Chicken & Sausage Gumbo (Monday-Wednesday) small \$3.95/large \$7.75	Shrimp Etouffee small \$3.95/large \$7.75
Vegetarian Red Beans & Rice -or- Red Beans & Rice without Link Sausage small \$2.25/large \$4.50	Seafood Gumbo (Thursday & Friday) small \$4.50/large \$8.75	Crawfish Etouffee small \$5.95/large \$11.95
Small Cheese \$.40/Large Cheese \$1.00 Extra Link Sausage \$1.25	Treebeards Jambalaya (Tuesday-Shrimp & Sausage Thursday-Chicken & Sausage) small \$3.95/large \$7.75	Vegetable Soup w/Chicken (Monday & Tuesday) small \$2.95/large \$5.50
Beef & Bean Chili small \$3.50/large \$6.25		Split Pea Soup w/Bacon (Thursday & Friday) small \$2.95/large \$5.50

### DAILY SPECIALS

Chicken, fish or meat entree with choice of two side dishes \$9.50 – \$12.50

Specials and sides as of 04/2017. Subject to change without notice.

### ENTREES

### SIDES

	ENTREES			SIDES	
<b>Monday</b>	Grilled Chicken Meatloaf Fried Catfish	Red Beans & Rice Roasted Vegetables Dirty or White Rice	Mustard Greens Broccoli & Carrots Buttered Corn	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread	Fruit Cup Small Salad Mardi Gras Slaw
<b>Tuesday</b>	Grilled Chicken Meatloaf Chicken Fried Chicken w/ Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Buttered Corn	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread	Fruit Cup Small Salad Watermelon & Tomato Salad
<b>Wednesday</b>	Grilled Chicken Meatloaf Chicken Fried Chicken w/ Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Squash Casserole	Stewed Okra w/Corn Black-Eyed Peas w/Ham Jalapeno Cornbread	Fruit Cup Small Salad Watermelon & Tomato Salad
<b>Thursday</b>	Grilled Chicken Fried Catfish Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Green Beans Squash Casserole	Split Pea Soup w/Bacon Black-Eyed Peas w/ Ham Jalapeno Cornbread	Fruit Cup Small Salad Mardi Gras Slaw
<b>Friday</b>	Grilled Chicken Baked Catfish w/Etouffee Topping Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Green Beans Squash Casserole	Split Pea Soup w/Bacon Jalapeno Cornbread Cabbage	Fruit Cup Small Salad Mardi Gras Slaw

### Beverages

### Desserts

Iced Tea \$1.50  
Soft Drink \$.95 to \$1.95  
Lemonade \$1.50

Buttercake \$1.75  
Brownie \$1.75  
Cookie \$1.50

Yellow Cake \$3.95  
Italian Cream Cake \$3.95  
Chocolate Cake \$3.95  
Red Velvet Cake \$3.95

Carrot Cake \$3.95  
Bread Pudding  
w/Whiskey Sauce \$3.25