



The Tunnel

1100 Louisiana tunnel, Houston TX 713-752-2601
Monday-Friday Lunch, 11:00am to 2:00pm

We accept **phone orders** for individual lunches for groups of five or more and bulk orders from our Take-Out menu

MENU

Prices good as of 04/2017. Subject to change without notice.

Salads & Sides

Green Garden Salad or Spinach Salad small \$2.75/large \$4.95 Fresh Fruit Cup \$2.95 Boiled Shrimp Salad \$8.95	Green Garden Salad w/Chicken \$8.50 Chicken Salad w/Fruit \$9.25 Pear, Walnut & Bleu Cheese Salad \$8.75 w/Chicken \$12.25 Salmon Salad \$14.95	Jalapeno Cornbread \$1.50 Side Dishes small \$2.25- \$2.95 large \$4.50- \$5.50
--	---	--

Trio Plate

Choice of 3 side dishes \$6.95

SOUPS & SPECIALTIES

Red Beans & Rice with Link Sausage small \$3.25/large \$5.75 Vegetarian Red Beans & Rice -or- Red Beans & Rice without Link Sausage small \$2.25/large \$4.50 Small Cheese \$.40/Large Cheese \$1.00 Extra Link Sausage \$1.25 Beef & Bean Chili small \$3.50/large \$6.25	Chicken & Sausage Gumbo (Monday-Wednesday) small \$3.95/large \$7.75 Seafood Gumbo (Thursday & Friday) small \$4.50/large \$8.75 Shrimp Etouffee small \$3.95/large \$7.75	Treebeards Jambalaya (Tuesday-Shrimp & Sausage Thursday-Chicken & Sausage) small \$3.95/large \$7.75 Vegetable Soup w/Chicken (Monday & Tuesday) small \$2.95/large \$5.50 Gazpacho (Thursday & Friday) small \$2.75/large \$4.95
---	---	--

DAILY SPECIALS

Chicken, fish or meat entree with choice of two side dishes \$9.50 – \$12.50

Specials and sides as of 04/2017. Subject to change without notice.

ENTREES

SIDES

	ENTREES			SIDES	
Monday	Grilled Chicken Meatloaf Fried Catfish	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Buttered Corn	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread Mardi Gras Slaw	Fruit Cup Small Salad Watermelon & Tomato Salad
Tuesday	Grilled Chicken Meatloaf Chicken Fried Chicken w/ Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Buttered Corn	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread	Fruit Cup Small Salad Watermelon & Tomato Salad
Wednesday	Grilled Chicken Stuffed Pork Chop Chicken Fried Chicken w/ Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Squash Casserole	Okra & Tomatoes Black-Eyed Peas w/Ham Jalapeno Cornbread	Fruit Cup Small Salad Watermelon & Tomato Salad
Thursday	Grilled Chicken Fried Catfish Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Green Beans Squash Casserole	Gazpacho Black-Eyed Peas w/ Ham Jalapeno Cornbread	Fruit Cup Small Salad Mardi Gras Slaw
Friday	Grilled Chicken Baked Catfish w/Etouffee Topping Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Green Beans Squash Casserole	Gazpacho Jalapeno Cornbread Cabbage	Fruit Cup Small Salad Mardi Gras Slaw

Beverages

Desserts

Iced Tea \$1.50
Soft Drink \$.95 to \$1.95
Lemonade \$1.50

Buttercake \$1.75
Brownie \$1.75
Cookie \$1.50

Yellow Cake \$3.95
Italian Cream Cake \$3.95
Chocolate Cake \$3.95
Red Velvet Cake \$3.95

Carrot Cake \$3.95
Bread Pudding
w/Whiskey Sauce \$3.25