



The Tunnel

1100 Louisiana Tunnel, Houston TX 713-752-2601
Monday-Friday Lunch, 11:00am to 2:00pm

We accept **phone orders** for individual lunches for groups of five or more and bulk orders from our Take-Out menu

MENU

Prices good as of 10/2017. Subject to change without notice.

Salads & Sides

Green Garden Salad or Spinach Salad small \$2.95/large \$4.95 Fresh Fruit Cup \$3.25 Boiled Shrimp Salad \$8.95	Green Garden Salad w/Chicken \$8.50 Chicken Salad w/Fruit \$9.75 Pear, Walnut & Bleu Cheese Salad \$8.75 w/Chicken \$12.25 Salmon Salad \$14.95	Jalapeno Cornbread \$1.50 Side Dishes small \$2.25- \$3.25 large \$4.50- \$5.95
--	---	--

Trio Plate

Choice of 3 side dishes \$6.95

SOUPS & SPECIALTIES

Red Beans & Rice with Link Sausage small \$3.25/large \$5.75	Chicken & Sausage Gumbo (Monday-Wednesday) small \$3.95/large \$7.95	Treebeards Jambalaya (Tuesday-Shrimp & Sausage Thursday-Chicken & Sausage) small \$3.95/large \$7.95
Vegetarian Red Beans & Rice -or- Red Beans & Rice without Link Sausage small \$2.25/large \$4.50	Seafood Gumbo (Thursday & Friday) small \$4.50/large \$8.95	Vegetable Soup w/Chicken small \$2.95/large \$5.50
Beef & Bean Chili small \$3.50/large \$6.50	Shrimp Etouffee small \$3.95/large \$7.95	
Small Cheese \$1.40/large Cheese \$1.00 Extra Link Sausage \$1.25		

DAILY SPECIALS

Chicken, fish or meat entree with choice of two side dishes \$10.50 – \$13.50
Specials and sides as of 10/2017. Subject to change without notice.

ENTREES

SIDES

	ENTREES		SIDES	
Monday	Grilled Chicken Meatloaf Fried Catfish	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Corn Pudding	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread Fruit Cup Small Salad Mardi Gras Slaw
Tuesday	Grilled Chicken Meatloaf Chicken Fried Chicken w/ Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Corn Pudding	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread Fruit Cup Small Salad
Wednesday	Grilled Chicken Stuffed Pork Chop Chicken Fried Chicken w/ Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Broccoli & Carrots Squash Casserole	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread Fruit Cup Small Salad
Thursday	Grilled Chicken Fried Catfish Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Green Beans Squash Casserole	Vegetable Soup w/Chicken Black-Eyed Peas w/Ham Jalapeno Cornbread Fruit Cup Small Salad Mardi Gras Slaw
Friday	Grilled Chicken Baked Catfish w/Etouffee Topping Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Mashed Potatoes Dirty or White Rice	Mustard Greens Green Beans Squash Casserole	Vegetable Soup w/Chicken Cabbage Jalapeno Cornbread Fruit Cup Small Salad Mardi Gras Slaw

Beverages

Iced Tea \$1.75
Lemonade \$1.75
Soft Drinks \$1.00 to \$2.25

Desserts

Buttercake \$1.95 Brownie \$2.25 Cookie \$1.75	Yellow Cake \$4.25 Italian Cream Cake \$4.25 Chocolate Cake \$4.25 Red Velvet Cake \$4.25	Carrot Cake \$4.25 Bread Pudding w/Whiskey Sauce \$3.75
--	--	---